

INDOOR POOL SCHEDULE

NOVEMBER 2009-FEBRUARY 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OPENS AT 8:00AM 8:00am-5:45pm Open Swim	OPENS AT 6:00AM 6:00am-12:00pm Open Swim	OPENS AT 6:00AM 6:00am-12:00pm Open Swim	OPENS AT 6:00AM 6:00am-12:00pm Open Swim	OPENS AT 6:00AM 6:00am-12:00pm Open Swim	OPENS AT 6:00AM 6:00am-12:00pm Open Swim	OPENS AT 8:00AM 8:00am-5:45pm Open Swim
9:00am-12:30pm Group Swim Lessons (\$)	8:30am-9:30am Aquacise 9:30am-12:00pm Group Swim Lessons (\$) 12:00pm-1:00pm Hydrotherapy (\$) <i>—pool not available</i>	9:00am-10:00am Water Stretch 10:00am-12:00pm Group Swim Lessons (\$) 12:00pm-1:00pm Hydrotherapy (\$) <i>—pool not available</i> 1:00pm-2:00pm Adult Only Water Exercise	8:30am-9:30am Aquacise 9:30am-12:00pm Group Swim Lessons (\$) 12:00pm-1:00pm Hydrotherapy (\$) <i>—pool not available</i>	9:00am-10:00am Water Stretch 10:00am-12:00pm Group Swim Lessons (\$) 12:00pm-1:00pm Hydrotherapy (\$) <i>—pool not available</i> 1:00pm-2:00pm Adult Only Water Exercise	8:30am-9:30am Aquacise 9:45am-12:00pm Group Swim Lessons (\$) 12:00pm-1:00pm Hydrotherapy (\$) <i>—pool not available</i>	9:00am-12:40pm Group Swim Lessons (\$)
CLOSES AT 5:45PM	1:00pm - 9:15pm Open Swim 3:30pm-5:45pm Group Swim Lessons (\$) 6:00pm-7:00pm Joint Motion Water Exercise	2:00pm-3:00pm Arthritis Exercise (\$) 3:00pm-9:15pm Open Swim 3:00pm-5:00pm Group Swim Lessons (\$) 6:00pm-7:00pm Aquacise	1:00pm - 9:15pm Open Swim 3:00pm-6:30pm Group Swim Lessons (\$)	2:00pm-3:00pm Arthritis Exercise (\$) 3:00pm-9:15pm Open Swim 3:00pm-5:00pm Group Swim Lessons (\$) 6:00pm-7:00pm Aquacise	1:00pm - 5:45pm Open Swim	CLOSES AT 5:45PM
	CLOSES AT 9:15PM	CLOSES AT 9:15PM	CLOSES AT 9:15PM	CLOSES AT 9:15PM		

YEAR-ROUND POOL AVAILABILITY

- Swim lessons and Group Fitness classes move between the deep and shallow ends. Swimmers may use the open pool as class allows. **Lap lane will not be available.**
- Hydrotherapy class uses the entire pool. Open Swim will not be available.
- Open Swim: A designated lap lane will be available upon request Mon-Fri 6-8:30am & 7-9:15pm; M/W/Fri 2-3pm; and Sat 8-9am.

OUTDOOR POOL SCHEDULE

NOVEMBER 2009-FEBRUARY 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OPENS AT 8:00AM 8:00am-5:45pm Lap Swim	OPENS AT 6:00AM 6:00am-9:15pm Lap Swim 11:00am-9:15pm Family Swim	OPENS AT 6:00AM 6:00am-9:15pm Lap Swim 11:00am-9:15pm Family Swim 12:30pm-1:30pm Masters Swim (\$) 3:30pm-4:15pm Group Swim Lessons (\$)	OPENS AT 6:00AM 6:00am-9:15pm Lap Swim 11:00am-9:15pm Family Swim 12:30pm-1:30pm Masters Swim (\$)	OPENS AT 6:00AM 6:00am-9:15pm Lap Swim 11:00am-9:15pm Family Swim 12:30pm-1:30pm Masters Swim (\$) 4:00pm-4:45pm Youth Swim Club* (\$)	OPENS AT 6:00AM 6:00am-5:45pm Lap Swim 11:00am-5:45pm Family Swim	OPENS AT 8:00AM 8:00am-5:45pm Lap Swim 9:30am-10:30am Aquacise (ends 11/21) 12:00pm-5:45pm Family Swim (lanes 1, 2, 3)
CLOSES AT 5:45PM	CLOSES AT 9:15PM	CLOSES AT 9:15PM	CLOSES AT 9:15PM	CLOSES AT 9:15PM	CLOSES AT 5:45PM	CLOSES AT 5:45PM

PRIMETIME HOURS MON-FRI
6-8:30AM & 11:30AM-1:30PM
(\$) Fee is charged for all membership categories.
***Weather permitting**